



NatWest Island Games XI - Shetland 2005

Athletics - 100m Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Dale Garland	Guernsey	10.92	🥇 Gold
2nd	5	Carlos Morgan	Cayman Islands	11.15	🥈 Silver
3rd	3	Carl Morgan	Cayman Islands	11.21	🥉 Bronze
4th	1	Jakob Larsen	Greenland	11.34	
5th	2	Mats Boman	Åland	11.43	
6th	7	Anastasios Haviaras	Rhodes	11.65	
7th	8	Martin Andersson	Åland	11.75	

Last Result: 15/07/2005 14:26:28 Status: Confirmed 15/07/2005 14:26:35 Wind: +1.0

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	5	Dale Garland	Guernsey	11.33
2nd	3	Carl Morgan	Cayman Islands	11.54
3rd	1	Mihalis Perakis	Rhodes	11.57
4th	2	Jakob Larsen	Greenland	11.62
5th	4	Martin Andersson	Åland	11.98
6th	6	Lee Williamson	Shetland Islands	11.99
7th	7	Matthew Benjamin	St Helena	12.25
8th	8	Jonathan Murray	Western Islands	12.28

Last Result: 14/07/2005 11:58:15 Status: Unconfirmed Wind: N/A

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	4	Carlos Morgan	Cayman Islands	11.42
2nd	6	Mats Boman	Åland	11.75
3rd	2	Anastasios Haviaras	Rhodes	11.89
4th	5	Gareth Robertson	Shetland Islands	12.05
5th	3	Nigel Thomson	Orkney	12.06
6th	7	Robin Cowling	Guernsey	12.11
7th	1	Derek Macintosh	Western Islands	13.11

Last Result: 14/07/2005 12:18:53 Status: Confirmed 14/07/2005 12:19:00 Wind: -3.3

Record/s for 100m Men:

Event	Type	Record	Holder	Island	Year
100m Men	Games Record	10.60	Gordon Crowe	Isle of Man	1989

Athletics - 100m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Jenna Gaio	Cayman Islands	12.62	 Gold
2nd	5	Faye Richardson	Shetland Islands	12.64	 Silver
3rd	2	Emily Young	Isle of Wight	12.87	 Bronze
4th	7	Ida Gillerfors	Gotland	12.89	
5th	6	Erica Nordqvist	Åland	12.91	
6th	3	Kylie Robilliard	Guernsey	12.92	
7th	8	Sarah Dowling	Isle of Man	13.04	
8th	1	Harriet Pryke	Isle of Man	13.16	

Last Result: 11/07/2005 18:36:48 Status: Confirmed 11/07/2005 18:36:48 Wind: -2.2

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	3	Erica Nordqvist	Åland	12.79
2nd	4	Kylie Robilliard	Guernsey	12.79
3rd	2	Harriet Pryke	Isle of Man	13.07
4th	5	Bryony Muir	Orkney	13.14
5th	1	Camilla Olsson	Gotland	13.73

Last Result: 10/07/2005 18:20:48 Status: Confirmed 10/07/2005 18:20:54 Wind: -1.5

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	2	Faye Richardson	Shetland Islands	12.55
2nd	1	Ida Gillerfors	Gotland	12.80
3rd	6	Laura Arblaster	Guernsey	13.13
4th	3	Eve Carrington	Western Islands	13.16
5th	4	Sara Wiss	Åland	13.29
6th	5	Natalie Warner	Jersey	13.81

Last Result: 10/07/2005 18:25:08 Status: Unconfirmed Wind: -2.0

Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	3	Jenna Gaio	Cayman Islands	12.77
2nd	5	Emily Young	Isle of Wight	12.91
3rd	4	Sarah Dowling	Isle of Man	12.94
4th	2	Stephanie Sheriff	Gibraltar	13.43
5th	1	Kayti Jeromson	Shetland Islands	13.44

Last Result: 10/07/2005 18:32:50 Status: Unconfirmed Wind: -1.7

Record/s for 100m Women:

Event	Type	Record	Holder	Island	Year
100m Women	Games Record	12.02	Kelly Southerton	Isle of Wight	1997

Athletics - 200m Men

Heat: Final

There are currently no Entries for this Heat

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	3	Daryl Vassallo	Gibraltar	22.80
2nd	2	Ilias Kelis	Rhodes	23.18
3rd	4	Jakob Larsen	Greenland	23.52
4th	1	Donald Macleod	Western Islands	23.87

Last Result: 10/07/2005 18:43:54 Status: Confirmed 10/07/2005 18:44:02 Wind: -2.2

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	4	Nathan Stevens	Guernsey	22.92
2nd	2	Peter Irving	Jersey	23.54
3rd	3	Nigel Thomson	Orkney	23.76
4th	5	Jonathon Lavers	Gibraltar	23.92
5th	1	Martin Leyland	Shetland Islands	24.03

Last Result: 10/07/2005 18:59:04 Status: Confirmed 10/07/2005 18:59:08 Wind: -1.9

Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	1	Carl Morgan	Cayman Islands	22.75
2nd	3	Robert Titterington	Guernsey	23.19
3rd	2	Ruairidh MacKenzie	Shetland Islands	23.56
4th	4	Martin Andersson	Åland	23.59
5th	5	Graeme Neal	Alderney	26.09

Last Result: 10/07/2005 19:00:45 Status: Confirmed 10/07/2005 19:00:51 Wind: -1.3

Heat: Heat 4

Position	Lane/Order	Competitor	Island	Result
1st	3	Carlos Morgan	Cayman Islands	22.52
2nd	4	Mats Boman	Åland	23.19
3rd	1	Barry John Edwards	Ynys Môn	24.02
4th	2	Jonathan Murray	Western Islands	24.51
5th	5	Matthew Benjamin	St Helena	25.24

Last Result: 10/07/2005 19:06:04 Status: Confirmed 10/07/2005 19:06:34 Wind: -1.9

Heat: Semi Final 1

Position	Lane/Order	Competitor	Island	Result
1st	3	Carlos Morgan	Cayman Islands	23.26
2nd	5	Robert Titterington	Guernsey	23.83
3rd	4	Nathan Stevens	Guernsey	23.97
4th	2	Ilias Kelis	Rhodes	24.05
5th	1	Jakob Larsen	Greenland	24.51
6th	6	Martin Andersson	Åland	24.82



Last Result: 11/07/2005 11:48:13 Status: Confirmed 11/07/2005 11:49:25 Wind: N/A


Heat: Semi Final 2

Position	Lane/Order	Competitor	Island	Result
1st	3	Carl Morgan	Cayman Islands	23.22
2nd	4	Daryl Vassallo	Gibraltar	23.58
3rd	2	Mats Boman	Åland	23.86
4th	5	Peter Irving	Jersey	23.90
5th	1	Ruairidh MacKenzie	Shetland Islands	24.70
6th	6	Nigel Thomson	Orkney	24.75

Last Result: 11/07/2005 11:54:25 Status: Confirmed 11/07/2005 11:54:30 Wind: -6.4

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Carlos Morgan	Cayman Islands	22.56	 Gold
2nd	3	Carl Morgan	Cayman Islands	22.62	 Silver

3rd	2	Daryl Vassallo	Gibraltar	22.64	 Bronze
4th	6	Nathan Stevens	Guernsey	22.87	
5th	5	Robert Titterington	Guernsey	22.88	
6th	1	Mats Boman	Åland	23.24	




Last Result: 11/07/2005 20:06:46 Status: Confirmed 11/07/2005 20:06:53 Wind: -2.9

Record/s for 200m Men:

Event	Type	Record	Holder	Island	Year
200m Men	Games Record	21.31	Mattias Sunneborn	Gotland	1999

Athletics - 200m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Jenna Gaio	Cayman Islands	26.06	 Gold
2nd	3	Faye Richardson	Shetland Islands	26.26	 Silver
3rd	2	Ida Gillerfors	Gotland	26.43	 Bronze
4th	6	Harriet Pryke	Isle of Man	26.63	
5th	5	Sarah Dowling	Isle of Man	26.64	
6th	1	Helen Davis	Isle of Wight	26.85	

Last Result: 15/07/2005 13:53:36 Status: Confirmed 15/07/2005 13:53:43 Wind: -1.2

Heat: Semi Final 1

Position	Lane/Order	Competitor	Island	Result
1st	3	Jenna Gaio	Cayman Islands	25.69
2nd	4	Sarah Dowling	Isle of Man	26.12
3rd	1	Harriet Pryke	Isle of Man	26.22
4th	2	Eve Carrington	Western Islands	26.50
5th	5	Nicola Kate Stretton	Ynys Môn	26.60
6th	6	Mag's MacRae	Orkney	26.99

Last Result: 14/07/2005 18:11:02 Status: Confirmed 14/07/2005 18:11:07 Wind: -1.2

Heat: Semi Final 2

Position	Lane/Order	Competitor	Island	Result
1st	3	Faye Richardson	Shetland Islands	25.65
2nd	4	Ida Gillerfors	Gotland	25.78
3rd	1	Helen Davis	Isle of Wight	26.10
4th	2	Laura Arblaster	Guernsey	26.12
5th	5	Erica Nordqvist	Åland	26.25
6th	6	Bryony Muir	Orkney	26.72

Last Result: 14/07/2005 18:18:19 Status: Confirmed 14/07/2005 18:18:24 Wind: -1.0

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	1	Sarah Dowling	Isle of Man	26.44
2nd	3	Eve Carrington	Western Islands	26.54
3rd	4	Opel Bodden	Cayman Islands	27.59
4th	2	Camilla Olsson	Gotland	27.88
DNS	5	Kimberley Goodall	Guernsey	

Last Result: 14/07/2005 12:42:38 Status: Confirmed 14/07/2005 12:42:44 Wind: -2.6

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	3	Jenna Gaio	Cayman Islands	25.75
2nd	1	Erica Nordqvist	Åland	26.88
3rd	2	Bryony Muir	Orkney	26.99
4th	5	Stephanie Le Cornu	Jersey	27.68
5th	4	Gayle Henry	Shetland Islands	27.88

Last Result: 14/07/2005 12:45:07 Status: Confirmed 14/07/2005 12:45:12 Wind: -3.2

Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	5	Faye Richardson	Shetland Islands	25.76
2nd	2	Ida Gillerfors	Gotland	26.01
3rd	1	Harriet Pryke	Isle of Man	26.07
4th	4	Helen Davis	Isle of Wight	26.07
5th	3	Julia Kallgren	Åland	27.62

Last Result: 14/07/2005 12:53:17 Status: Confirmed 14/07/2005 12:53:23 Wind: -1.2

Heat: Heat 4

Position	Lane/Order	Competitor	Island	Result
1st	2	Laura Arblaster	Guernsey	26.82
2nd	4	Nicola Kate Stretton	Ynys Môn	26.98
3rd	1	Mag's MacRae	Orkney	27.24

4th	5	Stephanie Sheriff	Gibraltar	27.42
DNS	3	Emily Young	Isle of Wight	

Last Result: 14/07/2005 12:59:46 **Status:** Confirmed 14/07/2005 12:59:54 **Wind:** -5.6

Record/s for 200m Women:

Event	Type	Record	Holder	Island	Year
200m Women	Games Record	23.73	Cydonie Mothersill	Cayman Islands	1999

Athletics - 400m Men

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	2	Daryl Vassallo	Gibraltar	50.29
2nd	6	Neil Gray	Orkney	50.78
3rd	4	Donald Macleod	Western Islands	51.54
4th	5	Peter Irving	Jersey	51.54
5th	1	Fotios Koumentis	Rhodes	53.17
6th	3	Trevor Baronet	Shetland Islands	54.33

Last Result: 12/07/2005 12:58:02 Status: Confirmed 12/07/2005 12:58:08 Wind: N/A

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	1	Nathan Stevens	Guernsey	51.82
2nd	4	Ben Brand	Isle of Man	52.57
3rd	2	Nigel Thomson	Orkney	53.07
4th	3	Martin Andersson	Åland	54.26
5th	5	Gian Nacimiento	Gibraltar	54.51

Last Result: 12/07/2005 13:00:39 Status: Confirmed 12/07/2005 13:00:43 Wind: N/A

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Daryl Vassallo	Gibraltar	48.73	 Gold
2nd	4	Neil Gray	Orkney	48.93	 Silver
3rd	2	Nathan Stevens	Guernsey	50.48	 Bronze
4th	5	Ben Brand	Isle of Man	50.67	
5th	6	Peter Irving	Jersey	50.76	
6th	1	Donald Macleod	Western Islands	51.14	




Last Result: 14/07/2005 20:50:41 Status: Confirmed 14/07/2005 20:50:47 Wind: N/A

Record/s for 400m Men:

Event	Type	Record	Holder	Island	Year
400m Men	Games Record	47.79	Dale Garland	Guernsey	2003

Athletics - 400m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Kimberley Goodall	Guernsey	0:58.32	 Gold
2nd	5	Nicola Kate Stretton	Ynys Môn	0:59.97	 Silver
3rd	6	Ida Gillerfors	Gotland	1:00.46	 Bronze
4th	4	Mag's MacRae	Orkney	1:00.77	
5th	1	Natalie Warner	Jersey	1:01.53	
6th	2	Marie Stemp	Shetland Islands	1:02.58	

Last Result: 12/07/2005 18:14:27 Status: Confirmed 12/07/2005 18:14:36 Wind: N/A

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	4	Kimberley Goodall	Guernsey	1:00.17
2nd	3	Nicola Kate Stretton	Ynys Môn	1:02.12
3rd	6	Stephanie Le Cornu	Jersey	1:02.15
4th	5	Rosie McLean	Shetland Islands	1:04.16

Last Result: 11/07/2005 12:09:30 Status: Confirmed 11/07/2005 12:09:37 Wind: N/A

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	5	Mag's MacRae	Orkney	1:01.57
2nd	3	Natalie Warner	Jersey	1:02.42
3rd	4	Ida Gillerfors	Gotland	1:02.48
4th	1	Julia Kallgren	Åland	1:06.67

Last Result: 11/07/2005 12:18:59 Status: Confirmed 11/07/2005 12:19:06 Wind: N/A

Heat: Heat 3

Position	Lane/Order	Competitor	Island	Result
1st	5	Marie Stemp	Shetland Islands	1:02.98
2nd	1	Helen Davis	Isle of Wight	1:03.69
3rd	3	Tove Andersson	Åland	1:04.15
4th	2	Jordan Fogarty	Orkney	1:04.77
5th	4	Lilly Wizen	Gotland	1:07.72




Last Result: 11/07/2005 12:27:42 Status: Confirmed 11/07/2005 12:27:47 Wind: N/A

Record/s for 400m Women:

Event	Type	Record	Holder	Island	Year
400m Women	Games Record	55.10	Julie Moore	Isle of Man	1995

Athletics - 800m Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Tom Druce	Guernsey	1:56.58	 Gold
2nd	5	Dominic Carroll	Gibraltar	1:58.84	 Silver
3rd	6	David Miller	Orkney	1:58.84	 Bronze
4th	6	Timothy Coates	Guernsey	2:00.12	
5th	1	Ben Brand	Isle of Man	2:02.02	
6th	4	Jóan Karl Joensen	Faroe Islands	2:03.67	
7th	4	Murdo Mackenzie	Western Islands	2:03.69	
8th	2	Lee Taylor	Gibraltar	2:08.07	

Last Result: 12/07/2005 20:54:16 Status: Confirmed 12/07/2005 20:54:21 Wind: N/A

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
1st	5	Dominic Carroll	Gibraltar	2:10.21
2nd	1	Ben Brand	Isle of Man	2:10.40
2nd	4	David Miller	Orkney	2:10.40
4th	3	Timothy Coates	Guernsey	2:10.49
5th	7	Alastair Dunlop	Western Islands	2:16.69
6th	6	Scot Jamieson	Shetland Islands	2:16.96
7th	2	Andreas Grönström	Gotland	2:19.34

Last Result: 11/07/2005 12:56:32 Status: Confirmed 11/07/2005 12:57:51 Wind: N/A

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
1st	2	Tom Druce	Guernsey	2:07.45
2nd	4	Murdo Mackenzie	Western Islands	2:08.81
3rd	6	Lee Taylor	Gibraltar	2:09.41
4th	3	Jóan Karl Joensen	Faroe Islands	2:10.94
5th	5	Ronald Gray	Orkney	2:17.01
6th	1	Alan Williamson	Shetland Islands	2:28.15

Last Result: 11/07/2005 12:39:39 Status: Confirmed 11/07/2005 12:39:42 Wind: N/A

Record/s for 800m Men:

Event	Type	Record	Holder	Island	Year
800m Men	Games Record	1.50.37	Michael Guegan	Jersey	1993

Athletics - 800m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	1	Claire Wilson	Shetland Islands	2:14.13	 Gold
2nd	4	Sarah Hume	Guernsey	2:19.73	 Silver
3rd	2	Eilidh C Mackenzie	Western Islands	2:20.85	 Bronze
4th	6	Emily Garrick	Shetland Islands	2:21.10	
5th	5	Rachael Kelly	Isle of Man	2:26.79	
6th	6	Claire Kiely	Isle of Wight	2:32.76	
7th	4	Marina MacDougall	Western Islands	2:34.27	
8th	3	Lilly Wizen	Gotland	2:39.52	

Last Result: 15/07/2005 13:50:16 Status: Confirmed 15/07/2005 13:50:22 Wind: N/A

Record/s for 800m Women:

Event	Type	Record	Holder	Island	Year
800m Women	Games Record	2.16.33	Claire Forbes	Jersey	1993

Athletics - 1,500m Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	Lee Merrien	Guernsey	3:53.97	 Gold
2nd	1	Keith Gerrard	Isle of Man	4:04.58	 Silver
3rd	4	Iain MacCorquodale	Western Islands	4:06.30	 Bronze
4th	10	Timothy Coates	Guernsey	4:06.51	
5th	11	Kim Godfredsen	Greenland	4:13.53	
6th	3	Bogi Lenvig	Faroe Islands	4:16.57	
7th	8	Thomas Fay	Orkney	4:17.28	
8th	7	Jóan Karl Joensen	Faroe Islands	4:18.32	
9th	9	Daniel Hejdström	Gotland	4:18.87	
10th	2	Alastair Dunlop	Western Islands	4:31.05	
11th	6	Andreas Grönström	Gotland	4:31.10	

Last Result: 15/07/2005 13:38:38 Status: Confirmed 15/07/2005 13:38:43 Wind: N/A

Record/s for 1,500m Men:

Event	Type	Record	Holder	Island	Year
1,500m Men	Games Record	3:51.38	Lee Merrien	Guernsey	2003

Athletics - 1,500m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	7	Claire Wilson	Shetland Islands	4:41.72	 Gold
2nd	3	Katrin Kuusk	Saaremaa	4:54.42	 Silver
3rd	2	Louise Perrio	Guernsey	4:57.34	 Bronze
4th	8	Sarah Hume	Guernsey	4:57.62	
5th	5	Claire Kiely	Isle of Wight	5:00.71	
6th	10	Eilidh C Mackenzie	Western Islands	5:01.32	
7th	6	Emily Garrick	Shetland Islands	5:06.94	
8th	9	Rachael Kelly	Isle of Man	5:08.79	
9th	4	Lilly Wizen	Gotland	5:32.61	
DNS	1	Viktoria Sporre	Gotland		

Last Result: 12/07/2005 21:14:10 Status: Confirmed 12/07/2005 21:15:09 Wind: N/A

Record/s for 1,500m Women:

Event	Type	Record	Holder	Island	Year
1,500m Women	Games Record	4.28.17	Ann-Catrin Nordman	Åland	1991

Athletics - 5,000m Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Lee Merrien	Guernsey	15:08.90	 Gold
2nd	10	Keith Gerrard	Isle of Man	15:27.84	 Silver
3rd	6	Kim Godtfredsen	Greenland	15:34.92	 Bronze
4th	1	Bogi Lenvig	Faroe Islands	15:48.54	
5th	4	Daniel Hejdström	Gotland	15:56.03	
6th	12	Thomas Fay	Orkney	16:02.22	
7th	7	Steve Dawes	Guernsey	16:06.10	
8th	5	Olof Thunegard	Gotland	16:06.70	
9th	2	Sam Vang	Faroe Islands	16:45.64	
10th	11	Darren Gray	Isle of Man	16:53.12	




Last Result: 12/07/2005 20:39:48 Status: Confirmed 12/07/2005 20:39:54 Wind: N/A

Record/s for 5,000m Men:

Event	Type	Record	Holder	Island	Year
5,000m Men	Games Record	14.38.69	Mikael Nordblom	Åland	1991

Athletics - 5,000m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	Katrin Kuusk	Saaremaa	18:24.61	 Gold
2nd	4	Louise Perrio	Guernsey	18:32.04	 Silver
3rd	6	Michelle Sandison	Shetland Islands	18:35.94	 Bronze
4th	7	Carita Sodergard	Åland	19:02.97	
5th	3	Chirsty Macleod	Western Islands	19:36.38	
6th	5	Jenny Richardson	Shetland Islands	22:27.33	
DNF	8	Viktorja Sporre	Gotland		

Last Result: 14/07/2005 19:41:52 Status: Confirmed 14/07/2005 19:41:59 Wind: N/A

Record/s for 5,000m Women:

Event	Type	Record	Holder	Island	Year
5,000m Women	Games Record	17.46.82	Jackie Ashman	Isle of Man	2001

Athletics - 10,000m Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	Michael Sanchez	Gibraltar	30:59.87	 Gold
2nd	2	Kim Godtfredsen	Greenland	31:01.46	 Silver
3rd	8	Olof Thunegard	Gotland	32:59.30	 Bronze
4th	11	Ian Williamson	Shetland Islands	34:07.68	
5th	3	Nick Le Cocq	Jersey	34:35.88	
6th	10	Cecil Weihe	Faroe Islands	35:23.74	
7th	1	Tsambikos Papadimitriou	Rhodes	35:49.43	
8th	7	Guttorm Sørensen	Faroe Islands	37:08.11	
9th	5	Gary Nicol	Shetland Islands	37:10.71	
10th	4	Steven Livett	Ynys Môn	40:36.70	
DNS	9	Sam Vang	Faroe Islands		




Last Result: 10/07/2005 20:03:29 Status: Confirmed 10/07/2005 20:03:47 Wind: N/A

Record/s for 10,000m Men:

Event	Type	Record	Holder	Island	Year
10,000m Men	Games Record	30.17.32	Kim Godtfredsen	Greenland	1997

Athletics - 10,000m Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	1	Michelle Sandison	Shetland Islands	38:19.74	 Gold
2nd	1	Nikki Neal	Alderney	38:27.80	 Silver
3rd	1	Carita Sodergard	Åland	39:05.63	 Bronze
4th	1	Viktoria Sporre	Gotland	39:45.59	
5th	1	Carol Knight	Jersey	39:55.17	
6th	1	Kerry Petulla	Jersey	42:03.08	
7th	1	Rigmor Napoleonsdóttir Arge	Faroe Islands	42:38.59	




Last Result: 11/07/2005 19:40:04 Status: Confirmed 11/07/2005 19:40:11 Wind: N/A

Record/s for 10,000m Women:

Event	Type	Record	Holder	Island	Year
10,000m Women	Games Record	36.11.68	Ann-Catrin Nordman	Åland	1997

Athletics - 110m Hurdles Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Dale Garland	Guernsey	14.65	 Gold
2nd	2	Simon Phelan	Jersey	15.17	 Silver
3rd	4	Peter Irving	Jersey	15.28	 Bronze
4th	5	Erik Larsson	Gotland	15.38	
5th	6	Benjamin Kerr	Shetland Islands	15.89	

Last Result: 14/07/2005 17:12:13 Status: Confirmed 14/07/2005 17:12:19 Wind: -1.0

Record/s for 110m Hurdles Men:

Event	Type	Record	Holder	Island	Year
110m Hurdles Men	Games Record	15.05	Dale Garland	Guernsey	2003
110m Hurdles Men	Games Record	14.65	Dale Garland	Guernsey	2005

Athletics - 100m Hurdles Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Claire Lidster	Jersey	15.62	🥇 Gold
2nd	5	Hannah Riley	Isle of Man	15.65	🥈 Silver
3rd	2	Emily Young	Isle of Wight	16.24	
DNS	1	Eve Carrington	Western Islands		
DNF	3	Kylie Robilliard	Guernsey		

Last Result: 11/07/2005 20:26:16 Status: Confirmed 11/07/2005 20:26:25 Wind: -3.0

Record/s for 100m Hurdles Women:

Event	Type	Record	Holder	Island	Year
100m Hurdles Women	Games Record	14.39	Kelly Southerton	Isle of Wight	1997


Athletics - 400m Hurdles Men

Heat: Final_Void

Position	Lane/Order	Competitor	Island	Result
1st	1	Peter Irving	Jersey	
1st	2	Lee Garland	Guernsey	
1st	4	Jóan Karl Joensen	Faroe Islands	
1st	5	Paul Derrien	Jersey	
	3	Simon Phelan	Jersey	

Last Result: 11/07/2005 12:29:30 Status: Unconfirmed Wind: N/A

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	1	Peter Irving	Jersey	55.72	 Gold
2nd	2	Lee Garland	Guernsey	57.17	
3rd	3	Simon Phelan	Jersey	58.20	
DNS	4	Jóan Karl Joensen	Faroe Islands		

Last Result: 11/07/2005 18:13:48 Status: Confirmed 11/07/2005 18:16:32 Wind: N/A

Record/s for 400m Hurdles Men:

Event	Type	Record	Holder	Island	Year
400m Hurdles Men	Games Record	51.27	Dale Garland	Guernsey	2003

Athletics - 400m Hurdles Women

Heat: Heat 2

Position	Lane/Order	Competitor	Island	Result
	1	Tove Andersson	Åland	
	2	Ida Gillerfors	Gotland	
	3	Hannah Riley	Isle of Man	
	4	Natalie Warner	Jersey	

Heat: Heat 1

Position	Lane/Order	Competitor	Island	Result
	1	Claire Lidster	Jersey	
	2	Marie Stemp	Shetland Islands	
	3	Rachael Kelly	Isle of Man	
	4	Erica Bodman	Guernsey	

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Hannah Riley	Isle of Man	1:04.10	 Gold
2nd	5	Claire Lidster	Jersey	1:04.33	 Silver
3rd	1	Rachael Kelly	Isle of Man	1:06.50	 Bronze
4th	3	Ida Gillerfors	Gotland	1:06.68	
5th	2	Tove Andersson	Åland	1:08.10	




Last Result: 14/07/2005 20:38:07 Status: Confirmed 14/07/2005 20:38:15 Wind: N/A

Record/s for 400m Hurdles Women:

Event	Type	Record	Holder	Island	Year
400m Hurdles Women	Games Record	1.00.72	Diana Lindqvist	Åland	1991

Athletics - 3000m SteepleChase Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	Lee Garland	Guernsey	9:24.44	 Gold
2nd	6	John Halagan	Isle of Man	9:30.60	 Silver
3rd	4	Steve Dawes	Guernsey	9:38.54	 Bronze
4th	2	Daniel Hejdström	Gotland	9:43.62	
5th	7	Andy Fox	Isle of Man	10:00.79	
6th	1	Sam Vang	Faroe Islands	10:14.10	
DNS	3	Iain MacCorquodale	Western Islands		




Last Result: 10/07/2005 18:34:34 Status: Confirmed 10/07/2005 18:34:38 Wind: N/A

Record/s for 3000m SteepleChase Men:

Event	Type	Record	Holder	Island	Year
3000m SteepleChase Men	Games Record	8.57.46	Mikael Nordblom	Åland	1991

Athletics - 4 x 100m Relay Men

Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	1	Rhodes		42.98	 Gold
2nd	4	Guernsey	Robin Cowling Tom Druce Dale Garland Nathan Stevens Robert Titterington	44.64	 Silver
3rd	2	Western Islands	Iain MacCorquodale Derek Macintosh Murdo Mackenzie Donald Macleod Jonathan Murray	46.06	 Bronze
DQ	3	Shetland Islands	Trevor Baronet Benjamin Kerr Martin Leyland Ruairidh MacKenzie Gareth Robertson Lee Williamson		
DNF	5	Jersey			

Last Result: 14/07/2005 21:10:36 Status: Confirmed 14/07/2005 21:10:42 Wind: N/A

Record/s for 4 x 100m Relay Men:

Event	Type	Record	Holder	Island	Year
4 x 100m Relay Men	Games Record	42.00	Guernsey Team	Guernsey	2003

Athletics - 4 x 100m Relay Women

Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	5	Guernsey	Laura Arblaster Erica Bodman Kimberley Goodall Kylie Robilliard	49.87	 Gold
2nd	4	Isle of Man		50.40	 Silver
3rd	3	Gotland		50.76	 Bronze
4th	6	Åland	Tove Andersson Julia Kallgren Erica Nordqvist Sara Wiss	50.92	
5th	1	Jersey		52.17	
6th	2	Shetland Islands	Gayle Henry Kayti Jeromson Rosie McLean Faye Richardson Jenny Richardson Marie Stemp	53.77	




Last Result: 14/07/2005 21:23:03 Status: Confirmed 14/07/2005 21:23:09 Wind: N/A

Record/s for 4 x 100m Relay Women:

Event	Type	Record	Holder	Island	Year
4 x 100m Relay Women	Games Record	47.60	Cayman Team	Cayman Islands	1999

Athletics - 4 x 400m Relay Men

Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	5	Guernsey	Tom Druce Dale Garland Lee Garland Lee Merrien Nathan Stevens Robert Titterington	3:17.57	 Gold
2nd	2	Gibraltar		3:26.72	 Silver
3rd	6	Western Islands	Iain MacCorquodale Derek Macintosh Murdo Mackenzie Donald Macleod Jonathan Murray	3:31.20	 Bronze
4th	4	Jersey		3:33.87	
5th	1	Orkney	Neil Gray Ronald Gray David Miller Nigel Thomson	3:37.29	
6th	3	Shetland Islands	Trevor Baronet Scot Jamieson Benjamin Kerr Martin Leyland Ruairidh MacKenzie Alan Williamson	3:39.73	




Last Result: 15/07/2005 15:28:26 Status: Confirmed 15/07/2005 15:28:31 Wind: N/A

Record/s for 4 x 400m Relay Men:

Event	Type	Record	Holder	Island	Year
4 x 400m Relay Men	Games Record	3.18.67	Rhodes Team	Rhodes	1999

Athletics - 4 x 400m Relay Women

Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	2	Guernsey	Laura Arblaster Erica Bodman Kimberley Goodall Sarah Hume	3:58.50	 Gold
2nd	3	Jersey		4:03.12	 Silver
3rd	4	Orkney	Aly Bain Jordan Fogarty Linsey Miller Bryony Muir	4:03.98	 Bronze
4th	1	Shetland Islands	Emily Garrick Gayle Henry Rosie McLean Faye Richardson Marie Stemp Claire Wilson	4:04.08	
DQ	5	Isle of Man			
DNS	6	Åland	Tove Andersson Julia Kallgren Erica Nordqvist Sara Wiss		




Last Result: 15/07/2005 15:02:03 Status: Confirmed 15/07/2005 15:02:08 Wind: N/A

Record/s for 4 x 400m Relay Women:

Event	Type	Record	Holder	Island	Year
4 x 400m Relay Women	Games Record	3:54.60	Cayman Team	Cayman Islands	1999

Athletics - Half Marathon Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Michael Sanchez	Gibraltar	1:11:44	 Gold
2nd	6	Olof Thunegard	Gotland	1:14:35	 Silver
3rd	8	Steve Dawes	Guernsey	1:14:49	 Bronze
4th	11	John Halagan	Isle of Man	1:15:41	
5th	16	Karl Simpson	Shetland Islands	1:16:22	
6th	3	Mark Brown	Gibraltar	1:16:43	
7th	10	Andy Fox	Isle of Man	1:17:12	
8th	18	Darren Gray	Isle of Man	1:17:54	
9th	9	Lee Garland	Guernsey	1:17:58	
10th	20	Nick Le Cocq	Jersey	1:18:45	
11th	1	Guttorm Sørensen	Faroe Islands	1:19:01	
12th	1	Sam Vang	Faroe Islands	1:20:16	
13th	2	Cecil Weihe	Faroe Islands	1:20:35	
14th	15	Gary Nicol	Shetland Islands	1:20:48	
15th	24	Ross Munro	Western Islands	1:21:05	
16th	14	Bill Adams	Shetland Islands	1:21:25	
17th	13	Tsambikos Papadimitriou	Rhodes	1:21:31	
18th	22	Douglas Flett	Western Islands	1:23:22	
19th	12	John Cunningham	Jersey	1:27:27	
20th	23	Kenneth Morrison	Western Islands	1:29:25	
21st	17	Steven Livett	Ynys Môn	1:32:58	
DNF	1	Daniel Halksworth	Jersey		
DNS	5	Daniel Hejdström	Gotland		
DNS	7	Kim Godtfredsen	Greenland		
DNS	21	Ian Williamson	Shetland Islands		

Last Result: 15/07/2005 12:18:17 Status: Confirmed 15/07/2005 12:18:18 Wind: N/A

Record/s for Half Marathon Men:

Event	Type	Record	Holder	Island	Year
Half Marathon Men	Games Record	1hr.07.54	Richard Large	Isle of Wight	1991

Athletics - Half Marathon Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	8	Joanna Walker	Orkney	1:25:31	 Gold
2nd	5	Lisa Fox	Jersey	1:27:47	 Silver
3rd	2	Nikki Neal	Alderney	1:27:58	 Bronze
4th	4	Louise Perrio	Guernsey	1:29:13	
5th	1	Carita Sodergard	Åland	1:30:09	
6th	10	Doleen Galbraith	Western Islands	1:30:30	
7th	6	Carol Knight	Jersey	1:31:34	
8th	7	Kerry Petulla	Jersey	1:33:58	
9th	9	Kathryn Hough	Shetland Islands	1:36:07	
10th	11	Shona Morrison	Western Islands	1:47:06	
DNS	0	Kim McMullin	Bermuda		
DNS	0	Lynn Patchett	Bermuda		
DNF	3	Rigmor Napoleonsdóttir Arge	Faroe Islands		



Last Result: 15/07/2005 12:24:58 Status: Confirmed 15/07/2005 12:25:05 Wind: N/A

Record/s for Half Marathon Women:

Event	Type	Record	Holder	Island	Year
Half Marathon Women	Games Record	1hr.13.35	Brenda Walker	Isle of Man	1991

Athletics - Pole Vault Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	3	Bo Jacobsson	Gotland	4.50	 Gold
2nd	1	Erik Larsson	Gotland	4.40	 Silver
NR	4	Simon Phelan	Jersey		
NR	5	Benjamin Kerr	Shetland Islands		

Last Result: 14/07/2005 18:45:57 Status: Confirmed 14/07/2005 18:46:08 Wind: N/A

Record/s for Pole Vault Men:

Event	Type	Record	Holder	Island	Year
Pole Vault Men	Games Record	4.62	Bo Jacobsson	Gotland	1999

Athletics - High Jump Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	Martin Aram	Isle of Man	2.10	 Gold
2nd	7	Simon Phelan	Jersey	2.05	 Silver
3rd	1	Athanasios Tsoukos	Rhodes	1.95	 Bronze
4th	3	Jason Fox	Jersey	1.95	
5th	5	Gustav Melen	Gotland	1.90	
6th	4	Viktor Jonsson	Gotland	1.90	
7th	8	Shaun Cregeen	Isle of Man	1.85	
8th	2	Benjamin Kerr	Shetland Islands	1.75	
DNS	9	Gary Nicol	Shetland Islands		

Last Result: 10/07/2005 18:29:49 Status: Unconfirmed Wind: N/A

Record/s for High Jump Men:

Event	Type	Record	Holder	Island	Year
High Jump Men	Games Record	2.13	Martin Aram	Isle of Man	2003

Athletics - High Jump Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	6	Erica Bodman	Guernsey	1.63	 Gold
2nd	4	Eve Carrington	Western Islands	1.60	 Silver
3rd	5	Hollie Bass	Isle of Man	1.60	 Bronze
4th	3	Sara Wiss	Åland	1.55	
5th	7	Frida Yttergren	Gotland	1.55	
6th	8	Gayle Henry	Shetland Islands	1.55	
7th	2	Sophie Twinam	Jersey	1.50	
8th	1	Faye Richardson	Shetland Islands	1.40	

Last Result: 12/07/2005 19:57:08 Status: Confirmed 12/07/2005 19:57:13 Wind: N/A

Record/s for High Jump Women:

Event	Type	Record	Holder	Island	Year
High Jump Women	Games Record	1.75	Diana Lindqvist	Åland	2003

Athletics - Long Jump Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	1	Dale Garland	Guernsey	7.44 (+4.2)	 Gold
2nd	10	Savvas Diakonikolas	Rhodes	7.30 (+3.7)	 Silver
3rd	2	Erik Larsson	Gotland	7.12 (+4.0)	 Bronze
4th	6	Carlos Morgan	Cayman Islands	6.92 (+5.4)	
5th	13	Phil Riley	Isle of Man	6.77 (+4.8)	
6th	11	Matt Barton	Isle of Wight	6.76 (+3.5)	
7th	7	Carl Morgan	Cayman Islands	6.73 (+6.3)	
8th	14	Ioan Rhys Hughes	Ynys Môn	6.61 (+3.9)	
9th	3	Paul Dingle	Jersey	6.41 (+4.1)	
9th	12	Sakchai Makao	Shetland Islands	6.41 (+3.5)	
11th	9	Simon Phelan	Jersey	6.37 (+3.9)	
12th	5	Gustav Melen	Gotland	6.35 (+2.0)	
13th	4	Jamie Wilson	Shetland Islands	5.84 (+4.2)	
14th	8	Robin Cowling	Guernsey	5.77 (+3.6)	

Last Result: 12/07/2005 19:13:52 Status: Confirmed 12/07/2005 19:14:06 Wind: N/A

Record/s for Long Jump Men:

Event	Type	Record	Holder	Island	Year
Long Jump Men	Games Record	7.73	Mattias Sunneborn	Gotland	1993

Athletics - Long Jump Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	9	Kimberley Goodall	Guernsey	5.71 (+0.5)	 Gold
2nd	8	Sara Wiss	Åland	5.40 (+0.5)	 Silver
3rd	5	Frida Yttergren	Gotland	5.29 (+1.0)	 Bronze
4th	2	Boel Tetens	Gotland	5.21 (+0.2)	
5th	10	Hollie Bass	Isle of Man	5.12 (+0.8)	
6th	6	Jenna Gaio	Cayman Islands	4.97 (+1.0)	
7th	11	Christina Petra	Rhodes	4.58 (+1.0)	
8th	3	Stephanie Le Cornu	Jersey	4.51 (+0.7)	
9th	12	Kayti Jeromson	Shetland Islands	4.43 (+1.8)	
10th	4	Stephanie Harper	Shetland Islands	4.33 (+0.6)	

Last Result: 14/07/2005 20:59:52 Status: Confirmed 14/07/2005 21:00:03 Wind: N/A

Record/s for Long Jump Women:

Event	Type	Record	Holder	Island	Year
Long Jump Women	Games Record	5.84	Kelly Southerton	Isle of Wight	1997

Athletics - Triple Jump Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Matt Barton	Isle of Wight	13.98 (+0.6)	 Gold
2nd	9	Paul Dingle	Jersey	13.89 (+1.2)	 Silver
3rd	3	Phil Riley	Isle of Man	13.71 (+1.3)	 Bronze
4th	6	Sakchai Makao	Shetland Islands	13.35 (+1.5)	
5th	1	Napoleon Miaris	Rhodes	13.27 (+1.1)	
6th	8	Viktor Jonsson	Gotland	13.18 (-1.0)	
7th	2	Robert Titterington	Guernsey	12.95 (-1.0)	
8th	7	Jamie Wilson	Shetland Islands	12.95 (+3.2)	
DNS	5	Gustav Melen	Gotland		



Last Result: 15/07/2005 13:46:32 Status: Confirmed 15/07/2005 13:46:39 Wind: N/A

Record/s for Triple Jump Men:

Event	Type	Record	Holder	Island	Year
Triple Jump Men	Games Record	15.28	Urmas Treiel	Saaremaa	1993

Athletics - Triple Jump Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	Christina Petra	Rhodes	11.55 (+1.2)	 Gold
2nd	5	Laura Arblaster	Guernsey	11.21 (+2.9)	 Silver
3rd	3	Erica Nordqvist	Åland	10.62 (+2.5)	 Bronze
4th	4	Opel Bodden	Cayman Islands	10.44 (+1.0)	
5th	1	Sophie Twinam	Jersey	10.06 (+1.4)	

Last Result: 11/07/2005 20:35:14 Status: Confirmed 11/07/2005 20:35:41 Wind: N/A

Record/s for Triple Jump Women:

Event	Type	Record	Holder	Island	Year
Triple Jump Women	Games Record	12.11	Kalliopi Neski	Rhodes	1999

Athletics - Shot Putt Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	8	Erik Larsson	Gotland	15.49	 Gold
2nd	5	Juri Kuusk	Saaremaa	14.92	 Silver
3rd	11	Andy Frost	Isle of Wight	14.53	 Bronze
4th	12	Anastasios Gimoukis	Rhodes	14.08	
5th	10	Heini Hátún	Faroe Islands	12.65	
6th	6	Jamie Stevenson	Jersey	11.71	
7th	3	Donnie Maclean	Western Islands	11.49	
8th	1	Dhanni Moar	Shetland Islands	11.48	
9th	4	Andres Aavik	Saaremaa	11.38	
10th	9	Paul Derrien	Jersey	11.33	
11th	7	Stuart Corran	Isle of Man	10.58	
12th	2	Brydon Wright	Shetland Islands	8.57	

Last Result: 10/07/2005 20:08:04 Status: Confirmed 10/07/2005 20:08:10 Wind: N/A

Record/s for Shot Putt Men:

Event	Type	Record	Holder	Island	Year
Shot Putt Men	Games Record	16.21	Ove Lehto	Åland	1997

Athletics - Javelin Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	2	Gustav Melen	Gotland	58.41	 Gold
2nd	11	Carl Morgan	Cayman Islands	55.01	 Silver
3rd	5	Jonathan Kerr	Shetland Islands	54.86	 Bronze
4th	6	Dale Garland	Guernsey	54.75	
5th	1	Georgios Troumbas	Rhodes	50.30	
6th	4	Erik Larsson	Gotland	49.65	
7th	10	Carlos Morgan	Cayman Islands	49.19	
8th	9	Rógvi Højgaard	Faroe Islands	49.05	
9th	12	Simon Phelan	Jersey	40.73	
10th	13	Shaun Cregeen	Isle of Man	36.21	
NR	7	Benjamin Kerr	Shetland Islands		
DNS	8	Anastasios Laoudikos	Rhodes		

Last Result: 15/07/2005 13:57:54 Status: Confirmed 15/07/2005 14:10:40 Wind: N/A

Record/s for Javelin Men:

Event	Type	Record	Holder	Island	Year
Javelin Men	Games Record	59.46	Andrew Martch	Isle of Wight	1993

Athletics - Shot Putt Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	10	Helen Cromarty	Orkney	11.76	 Gold
2nd	6	Louise Kneen	Isle of Man	10.86	 Silver
3rd	5	Natalie Badham	Isle of Wight	10.41	 Bronze
4th	4	Åsa Larsson	Gotland	10.20	
5th	1	Gemma Tingay	Guernsey	10.13	
6th	2	Emma Sundstrom	Åland	10.01	
7th	8	Elaine Park	Shetland Islands	9.44	
8th	3	Annie Henriksson	Gotland	9.01	
9th	7	Karen Wood	Orkney	8.83	
10th	9	Helen Sheen	Isle of Man	8.81	




Last Result: 11/07/2005 20:23:26 Status: Confirmed 11/07/2005 20:23:36 Wind: N/A

Record/s for Shot Putt Women:

Event	Type	Record	Holder	Island	Year
Shot Putt Women	Games Record	12.86	Virge Treiel	Saaremaa	1997

Athletics - Discus Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Anastasios Gimoukis	Rhodes	46.41	 Gold
2nd	9	Erik Larsson	Gotland	44.18	 Silver
3rd	6	Michael Letterlough	Cayman Islands	42.85	 Bronze
4th	2	Heri Ziska	Faroe Islands	42.38	
5th	7	Andres Aavik	Saaremaa	40.77	
6th	3	Jamie Stevenson	Jersey	39.44	
7th	5	Stuart Corran	Isle of Man	34.36	
DNS	1	Juri Kuusk	Saaremaa		

Last Result: 14/07/2005 20:11:59 Status: Confirmed 14/07/2005 20:12:05 Wind: N/A

Record/s for Discus Men:

Event	Type	Record	Holder	Island	Year
Discus Men	Games Record	49.22	Goran Eklund	Åland	1993

Athletics - Discus Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	8	Anu Vares	Saaremaa	40.10	 Gold
2nd	1	Emma Sundstrom	Åland	35.14	 Silver
3rd	7	Natalie Badham	Isle of Wight	33.91	 Bronze
4th	4	Louise Kneen	Isle of Man	32.33	
5th	6	Åsa Larsson	Gotland	29.95	
6th	2	Kirree Kermode	Isle of Man	28.13	
7th	10	Gemma Tingay	Guernsey	26.27	
8th	1	Becky Slater	Jersey	23.84	
9th	3	Annie Henriksson	Gotland	18.81	

Last Result: 15/07/2005 15:09:09 Status: Confirmed 15/07/2005 15:09:16 Wind: N/A

Record/s for Discus Women:

Event	Type	Record	Holder	Island	Year
Discus Women	Games Record	43.40	Linda Liljeroos	Åland	1993

Athletics - Javelin Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	4	Emma Gray	Shetland Islands	42.42	 Gold
2nd	2	Helen Davis	Isle of Wight	40.01	 Silver
3rd	5	Gemma Tingay	Guernsey	36.57	 Bronze
4th	7	Josie Jamieson	Shetland Islands	36.35	
5th	3	Becky Slater	Jersey	34.30	
6th	6	Helen Sheen	Isle of Man	34.16	
7th	1	Randi Kúrberg	Faroe Islands	33.19	


Last Result: 10/07/2005 17:55:37 Status: Confirmed 10/07/2005 17:56:00 Wind: N/A

Record/s for Javelin Women:

Event	Type	Record	Holder	Island	Year
Javelin Women	Games Record	50.84	Linda Lindqvist	Åland	1997

Athletics - Hammer Throw Men

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	5	Andy Frost	Isle of Wight	68.17	 Gold
2nd	6	Michael Letterlough	Cayman Islands	48.59	 Silver
3rd	3	Erik Larsson	Gotland	43.80	 Bronze
4th	8	Heri Ziska	Faroe Islands	43.01	
5th	1	Paul Derrien	Jersey	42.37	
6th	4	Stuart Corran	Isle of Man	42.04	
7th	2	Tore Olofsson	Gotland	41.10	
DNS	7	Anastasios Gimoukis	Rhodes		

Last Result: 11/07/2005 18:11:59 Status: Confirmed 11/07/2005 18:12:04 Wind: N/A

Record/s for Hammer Throw Men:

Event	Type	Record	Holder	Island	Year
Hammer Throw Men	Games Record	65.82	Andy Frost	Isle of Wight	2003

Athletics - Hammer Throw Women

Heat: Final

Position	Lane/Order	Competitor	Island	Result	Medal
1st	1	Amy Church	Isle of Wight	45.04	 Gold
2nd	4	Michelle Ryan	Jersey	40.32	 Silver
3rd	6	Annie Henriksson	Gotland	39.45	 Bronze
4th	9	Louise Kneen	Isle of Man	36.27	
5th	2	Randi Kúrberg	Faroe Islands	35.14	
6th	7	Elaine Park	Shetland Islands	34.96	
7th	10	Helen Sheen	Isle of Man	31.99	
8th	5	Natalie Badham	Isle of Wight	31.98	
9th	11	Gemma Tingay	Guernsey	25.52	
10th	8	Emma Sundstrom	Åland	24.55	
11th	3	Åsa Larsson	Gotland	24.35	




Last Result: 12/07/2005 18:27:41 Status: Confirmed 12/07/2005 18:27:55 Wind: N/A

Record/s for Hammer Throw Women:

Event	Type	Record	Holder	Island	Year
Hammer Throw Women	Games Record	44.02	Rachel Clough	Ynys Môn	1999
Hammer Throw Women	Games Record	45.04	Amy Church	Isle of Wight	2005

Athletics - Half Marathon Team Men


Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	0	Gibraltar	Mark Brown Michael Sanchez	7	 Gold
2nd	0	Isle of Man	Andy Fox Darren Gray	11	 Silver
3rd	0	Guernsey	Steve Dawes Lee Garland	12	 Bronze
4th	0	Shetland Islands	Bill Adams Karl Simpson Ian Williamson	19	
5th	0	Faroe Islands	Hallur Holm Guttorm Sørensen Cecil Weihe	23	
6th	0	Jersey	Daniel Halksworth Nick Le Cocq	29	
7th	0	Western Islands	Douglas Flett Kenneth Morrison Ross Munro	33	
DNS	0	Gotland	Daniel Hejdström Olof Thunegard		

Last Result: 15/07/2005 12:31:13 **Status:** Confirmed 15/07/2005 12:31:25 **Wind:** N/A

Athletics - Half Marathon Team Women

Heat: Final

Position	Lane/Order	Team	Members	Result	Medal
1st	1	Jersey	Lisa Fox Carol Knight Kerry Petulla	1st	 Gold
DNS	1	Bermuda	Kim McMullin Lynn Patchett		
DNS	1	Western Islands	Doleen Galbraith Shona Morrison		

Last Result: 15/07/2005 18:34:21 **Status:** Unconfirmed **Wind:** N/A