

International Island Games Association

The Sports and Sports By-Laws

PART 1 – GENERAL

This Section applies to all of the approved Sports as listed below.

Section 1 - The Sports

1.1 The Approved Sports are:

- Archery
- Athletics
- Badminton
- Basketball
- Bowls – one from Indoor Bowls, Outdoor Bowls or Ten Pin Bowling
- Cycling
- Football
- Golf
- Gymnastics
- Judo
- Sailing - may also include Sailboarding
- Shooting
- Squash
- Swimming
- Table Tennis
- Tennis
- Triathlon
- Volleyball - may also include Beach Volleyball

1.2 For clarification Sailing and Sailboarding are not separate sports.

1.3 For clarification Volleyball and Beach Volleyball are not separate sports

1.4 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling but only one discipline can be held at a Games.

Section 2 - The Responsibilities of the Host Island Organising Committee

2.1 The IIGA retains overall control of the Games.

2.2 The Organising Committee shall ensure all sports operate under the IIGA Constitution Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.

- 2.3** The Host Island Organising Committee (hereafter called 'the Organising Committee') shall provide medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment
- 2.4** The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee.
- 2.5** The Organising Committee shall be responsible for appointing all Sports Technical Officials for the Games
- 2.6** The Organising Committee shall appoint a suitably qualified and experienced Sports Director who shall be responsible for ensuring that each sport is properly administered.
- 2.7** The Organising Committee shall appoint suitably qualified and experienced Coordinators for each sport; who will, in partnership with the Host Island's Sport Governing Body, be responsible for arranging the competitions and ensuring that all necessary venues and facilities meet with the requirements of the IIGA Guidelines and Sports By-laws. Any doubt that exists as to the suitability of any venue or facility must be reported immediately to the Executive Committee by the Organising Committee.
- 2.8** Each Sport Coordinator shall arrange a suitable date, time and venue for both the Pre-Competition and Post-Competition Sports Team Managers Meetings.

Section 3 - Sports Team Managers Meetings

3.1 Arrangements

3.1.1 Each Sport Coordinator shall be responsible for:

- Notifying all of the competing Member Islands Team Managers, the Chairman and/or Secretary of the Technical Committee and the General Secretary of the IIGA of the date, time and venue of the Pre-Competition Sports Team Managers meeting 2 weeks before the Opening Ceremony of the Games.
- Ensuring that the date, time and venue of the Post-Competition Sports Team Managers Meeting are confirmed during the Pre-Competition Sports Team Managers Meeting.

3.1.2 The Meeting shall be chaired by the Chairman of that Sport's Technical Committee.

3.1.3 The Secretary to that Sport's Technical Committee shall act as Secretary for the Meeting

3.2 Attendance – those entitled to attend are:

- A maximum of 2 representatives of each of the competing Member Island Sports Teams
- The Technical Committee including any Co-opted Members for that sport.

- An Observer from the Sport's International Federation (if appropriate).
- The Senior Official responsible for conducting the event
- The Host Island Sport Coordinator.
- The future Host Island Sport Coordinator
- The IIGA Officers and Executive Committee Members.

3.3 Voting Rights

3.3.1 1 vote only per Member Island present

3.3.2 The Chairman shall have the casting vote if required.

3.4 The Pre-Competition Sports Team Managers Meeting

3.4.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
 - Introduce:
 - Member/s of the IIGA Executive Committee (if present)
 - The Technical Committee Members including any co-opted Members
 - Host Island Sport Coordinator
 - Observer from the International Federation (if present)
 - confirm those voting Members present
 - confirm the Programme and Order of Events
 - clarify the Rules e.g. seeding
 - notify meeting of withdrawals etc.
 - explain the procedures to be followed
 - confirm arrangements for training and warm-up
 - medal presentations
 - explain the appeals process
 - take questions from the floor
- 4 Appoint of a Jury of Appeal
- 5 Any Other Business
- 6 Confirm the day, time and place of the Post-Competition Sports Team Managers Meeting.

3.5 The Post-Competition Sports Team Managers Meeting

3.5.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
 - Introduce:
 - Member/s of the IIGA Executive Committee (if present)
 - The Technical Committee Members including any co-opted Members
 - Host Island Sport Coordinator
 - Observer from the International Federation (if present)
 - Confirm those voting Members present
- 4 Approve the Minutes of the last meeting (if available)
- 5 Matters arising from the Minutes
- 6 Review all aspects of the current Games:
 - pre-Games information
 - entries
 - programme
 - officiating
 - results service
- 7 Agree an outline Programme for the next Games
- 8 Formulate recommendations, if any, for the next Organising Committee
- 9 Review the sport specific IIGA By-laws and forward any proposed amendments to the Technical Committee.
- 10 Elect a Technical Committee to serve until the conclusion of the next Games. Contact details for the Chairman and Secretary to be noted in the Minutes of the meeting.
- 11 Any Other Business

3.5.2 The Sports Coordinator for the next Games should, if possible, be present at this meeting.

3.5.3 Within 2 months of the Closing Ceremony of the Games

- Minutes of both the Pre-Competition and Post-Competition Sports Team Manager Meetings should be sent to the General Secretary of the IIGA, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to any new Member Island
- **The General Secretary of the IIGA must be informed of the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee**

Section 4 - The Sports Technical Committees

4.1 Meetings

The Technical Committee may meet at such times as is deemed necessary during the course of the Games.

4.2 Appointment

Each Sports Technical Committee:

- Will be elected at the Post-Competition Sports Team Managers Meeting and serve until the conclusion of the next Games.
- Shall consist of a minimum of 3 and a maximum of 6 Sports Team Members, preferably from different Member Islands.
- Shall have either a permanent Chairman or Secretary to ensure continuity.
- Include a representative from both of the future Host Islands (if applicable).

4.3 Roles & Responsibilities

4.3.1 Each Technical Committee shall:

- Oversee the Technical arrangements for their sport during the Games.
- Ensure that all sports shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.
- Each Technical Committee may co-opt non-voting persons to act as advisers.

4.3.2 In the period between the Games the Technical Committees will act in an advisory capacity for the Executive Committee, the next Host Island Organising Committee and Sport Coordinator.

4.3.3 Any proposed amendment to the Sports By-laws must be forwarded by the Technical Committee to the General Secretary of the IIGA no later than 6 months before the Games at which the changes will come into effect for approval by the IIGA Executive Committee.

Section 5 – Jury of Appeal

5.1 The Jury of Appeal for all sports will:

- Be appointed at the Pre-Competition Sports Team Managers Meeting.
- Consist of a panel of 5 Members, preferably from different competing Member Islands, plus a non-voting Secretary.
- Have no more than 40% of the Members from 1 Member Island.
- Require a minimum of 3 Members, plus the Secretary, to hear an appeal.

- A Member of the Jury of Appeal cannot participate in an appeal which concerns a competitor from the same Member Island.
- Permit the official International Federation Delegate/Observer of the sport or event to attend if present at the Games but not have a vote.

Section 6 Protests and Complaints

6.1 Any protests or complaints will be investigated by the Referee and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court. The Court will not deal with any protests or complaints made against a referee or other official regarding placing, fouling or other facts of the competition save for exceptional circumstances.

PART 2 – SPORTS SPECIFIC BY-LAWS

Section 6 - The Sports By-laws

Athletics By-laws

Section 1 - Competition Rules

- 1.1** The Athletics competition shall operate under the IIGA Constitutional Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations shall also operate under the World Athletics (WA) Rules, as per WA Book C – Competition and Technical Rules
- 1.2** In General WA Technical Rule 20 should be adhered to but with the agreement of the Technical Committee, the Organising Committee may vary this in view of local circumstances and the constraints of the timetable.
- 1.3** **Entries**
- 1.3.1** Competitors should be entered in advance in accordance with IIGA Operational Guidelines which state 2 months before the Opening Ceremony. During the Pre-Games Sports Team Managers Meeting accredited athletes will be allowed to be added to events that they are currently not entered in. In subsequent meetings only amendments and deletions will be allowed up to and including the day before the first round of the event. No additions of non-accredited athletes are allowed after the pre-Games entry procedure is complete unless approved by the IIGA under guideline 10.4 Change of Entries.
- 1.3.2** **Withdrawals/Failure to Participate**
Withdrawals after the daily Team Managers Meeting must be kept to a minimum. Athletes may be withdrawn up to 1 hour before the commencement of the first round of the competition. The Meeting Manager and Call Room must be informed. Athletes failing to comply will be recorded as DNS. Athletes failing to comply shall be excluded from participation in all further events. Exceptions to this sanction will be considered by the Meeting Manager including production of a certificate from an appropriate health care professional within 24 hours of the event.
- 1.3.3** Entries should be made with the “seasons best” but not the “personal best” performance to ensure the most accurate seeding of all events. “Season’s best” shall be defined as the best performance from 1st April in the preceding year to the Games.

Section 2 - General

2.1 Island Representation

- 2.1.1 Individual** Maximum of 2 competitors per event per Member Island
- 2.1.2 Relays** 1 Team per Member Island to consist of 4 competitors in each round selected from a maximum of 8 competitors declared before the 1st round.
- 2.1.3 Half Marathon**

A Team consists of a minimum of 2 runners and a maximum of 3 runners. The 1st 2 runners of each Team to finish shall count. Single entries will count for the Individual event only.

2.2 Age of Competitors

- 2.2.1 The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1st of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given.
- 2.2.2 In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

2.3 Officials

- 2.3.1 To be appointed by the Organising Committee
- 2.3.2 The competition will be controlled by the Meeting Manager (WA Rule 122) and the Chief Officials all of whom should be suitably qualified to the following minimum standard:
- Starter (UK Athletics Level 4, or equivalent in Host country)
 - Field Referee (UK Athletics Level 4, or equivalent in Host country)
 - Track Referee (UK Athletics Level 4, or equivalent in Host country)
 - Timekeeper (UK Athletics Level 4, or equivalent in Host country)
 - Race Walking:
Chief Judge (UK Athletics Level 4, or equivalent in Host country)
- 2.3.3 Other officials and Judges should be appointed in accordance with WA Rule 120, their duties being defined as per WA Rules 121 to 138. Judges in each of the following areas should be qualified to the minimum of UK Athletics Level 2, or equivalent in Host country:-
- . Marksman
 - . One Track Judge
 - . Wind Gauge Operator
 - . One Lead Field Event Judge in each discipline
 - . Call Room Judge
- All other officials should be qualified to a minimum of UK Athletics Level 1, or equivalent in Host Country.

2.4 Events

- 2.4.1 A programme of events shall be chosen from the following events:

Men:	100m	5000m Walk	Pole vault	Javelin
	200m	110m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer

	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	3000m Steeplechase		
Women:	100m	5000m Walk	Pole Vault	Javelin
	200m	100m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer
	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	2000m Steeplechase		

2.4.2 **Competition Programme**

See Addendum 1 – Competition Timetable

2.5 Training

2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.

2.5.2 Where possible the venue should be available for 2 days before the 1st event for training, and also at designated times during the Games when there is no competition.

2.5.3 If available, an alternative training venue can be provided, as long as the facilities conform to the relevant WA health and safety standards.

2.5.4 Officials should be available at all training venues at designated training times for the issue of equipment and supervision of throwing practice sessions.

2.6 Draws for Events / Heats – See Addendum 2 – Lane Draw and Progression

2.6.1 The draws should be in accordance with WA Technical Rule 20.

2.6.2 Draws should be made after the Team Managers Meeting on the day preceding the day of the competition and should be seeded wherever possible. These should be distributed to Team Managers as soon as practically possible.

2.7 Venues

2.7.1 The venue should be an international standard synthetic track with a current competition licence from the National Governing Body.

2.7.1 It should have facilities for all the events included under section 2.4.1 above. Where this is not the case it should be made clear at the time of the Bid to Host the Games.

2.7.2 The venue should conform to WA Technical Rule 2.

2.7.3 There should be adequate areas for warm-up, both general and event-specific where possible.

2.7.4 Draws should be made after the Team Managers Meeting on the day preceding the day of competition and should be seeded wherever possible. These should be distributed to Tam Managers as soon as practically possible.

2.8 Equipment

All equipment necessary for the holding of all events should be supplied, including starting blocks (WA Technical Rule 15.4) and all field event equipment although competitors will be allowed to use their own equipment subject to WA Technical Rule 32.2.

2.9 Clothing

The regulation of WA Technical Rule 5 concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

2.10 Medical

The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.11 Medals

2.11.1 Sufficient medals should be ordered for all events as per the entries and the IIGA's own regulations.

2.11.2 The minimum numbers to award medals shall be based on the numbers of competitors that actually start the event subject always to the provisions of Section 15.3 of the Operational Guidelines. If less than three medals are to be awarded the Organising Committee must inform all competitors prior to the start of the event.

2.11.3 All athletes in the relay races that have competed in either heat or final will be presented with medals at the medal ceremony. Organising Committees should note that they may need up to 8 medals of each type for each of the Relays.

2.11.4 All three runners that have competed and completed the course in the Half Marathon will be presented with medals at the medal ceremony.

2.12 Protests and complaints

Any protests or complaints will be investigated by the Meeting Manager and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

2.13 Banned Substances and Drug Testing

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

Section 3 - Technical Committee See PART 1 – GENERAL Section 4 – The Sports Technical Committees

3.1 Appointment – See Section 4.2 - page 5

3.2 Meetings – See Section 4.1 - page 5

Section 4 – Pre and Post-Competition Sports Team Managers Meetings - See PART 1 – GENERAL Section 3 – Sports Team Managers Meetings

- 4.1 The Pre-Competition Sports Team Managers Meeting** – See Section 3.4 - page 3
- 4.2 The Post-Competition Sports Team Managers Meeting** – See Section 3.5 - pages 3 & 4
- 4.3 Jury of Appeal** – See Section 5 - pages 5 & 6

Section 5 - Individual Competitions

- 5.1 Rules**
See Rules 2.1 and 2.4.1 above
- 5.2 Format**
The format shall be as per Rules 2.4.2 and 2.6 above. The number of rounds per event shall be decided in line with WA Technical Rule 20.

Section 6 Team Competitions

- 6.1 Rules**
See Rules 2.1 and 2.4.1 above. The method of calculating the Team score for the Half Marathon shall be on the position of the finishers with points awarded for each finisher e.g. 1 for 1st, 2 for 2nd, etc. In the event of a tie, the Team whose 2nd runner finished in the highest position would be the winner.
- 6.2 Format**
The format shall be as per Rules 2.4.2 and 2.6 above. The number of rounds per event shall be decided in line with WA Rule 166 with the exception noted under Rule 2.6.3.

Section 7 Games Records

- 7.1 Games Best Performance**
If a performance is recorded that is better than the Games Record but with the benefit of wind assistance (in excess of the WA level) then it shall be listed as a Games Best Performance in the official Games Records together with the official record for that event.

ADDENDUM 1 – COMPETITION TIMETABLE

There are two options. Athletics Timetable 1 (if Half-Marathon is on Day 6) – to be preferred where possible. If extra rounds are required they will be scheduled with minimum disruption to the set timetable.

Timetable 1 - Half Marathon on Day 6

Day 1 (normally Sunday)MenWomen

pm	100m Heats	100m Heats
	400m Heats	400m Heat
	1500m Heats	1500m Heats
	High Jump Final	10,000m Final
	Hammer Final	Triple Jump

Day 2 (Monday)

am	100m Semi	100m Semi
	400m Semi	400m Semi
pm	100m Final	100m Fina
	400m Final	400m Final
	10,000m Final	Javelin Final
	Shot Putt Final	Pole Vault Final

Day 3 (Tuesday)

am	400m Hurdles Heats	400m Hurdles Heats
	200m Heats	200m Heats
pm	200m Semi Final	200m Semi Final
	400m Hurdles Final	400m Hurdles Final
	1500m Final	1500m Final
	3000m SC Final	2000m SC Final
	Javelin Final	Shot Putt Final
	Pole Vault Final	

Day 4 (Wednesday)

am	110m Hurdles Heats	100m Hurdles Heats
	Long Jump Heats	Long Jump Heats
	800m Heats	800m Heats
pm	200m Final	200m Final
	Long Jump Final	Long Jump Final
		5000m Final
		Discus Final

Day 5 (Thursday)

5pm	5000 metres	
pm	110m Hurdles Final	100m Hurdles Final
	4 x 400m Heats	4 x 400m Heats
	800m Semi	800m Semi
	5000m Walk Final	5000m Walk Final
	4 x 100m Heats	4 x 100m Heats
	Discus Final	Hammer Final

Day 6 (Friday)

am/pm	Half Marathon	Half Marathon
pm	4 x 100m Final 800m Final 4 x 400m Final Triple Jump Final	4 x 100m Final 800m Final 4 x 400m Final High Jump Final

Timetable 2 – (Half Marathon on Day 1)**Day 1 (normally Sunday)**

	<u>Men</u>	<u>Women</u>
am	Half Marathon	Half Marathon
pm	100m Heats 400m Heats 1500m Heats High Jump Final Hammer Final	100m Heats 400m Heats 1500m Heats Triple Jump Final

Day 2 (Monday)

am	100m Semi 400m Semi	100m Semi 400m Semi
pm	100m Final 400m Final Shot Putt Final	100m Final 400m Final Javelin Final Pole Vault Final

Day 3 (Tuesday)

am	400m Hurdles Heats 200m Heats	400m Hurdles Heats 200m Heats
pm	200m Semi Final 400m Hurdles Final 1500m Final 5000m Final Javelin Final Pole Vault Final	200m Semi Final 400m Hurdles Final 1500m Final 5000m Final Shot Putt Final

Day 4 (Wednesday)

am	110m Hurdles Heats 800m Heats Long Jump Heats	100m Hurdles Heats 800m Heats Long Jump Heats
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pm	200m Final 3000m SC Final Long Jump Final	200m Final 2000m SC Final Long Jump Final Discus Final
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Day 5 (Thursday)

5pm		High Jump
pm	5000m Walk Final 110m Hurdles Final 800m Semi 4 x 400m Heats 10000m Final 4 x 100m Heats Discus Final	5000m Walk Final 100m Hurdles Final 800m Semi 4 x 400m Heats 4 x 100m Heats Hammer Final

Day 6 (Friday)

pm	800m Final 4 x 100m Final 4 x 400m Final Triple Jump Final	800m Final 4 x 100m Final 4 x 400m Final 10000m Final
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ADDENDUM 2 – LANE DRAW AND PROGRESSION

**Progression and Qualification
6 Lane Track using all lanes as needed**

100m	200m	400m	100mH	110mH	400mH	
	Heats			Semi Finals		
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time
7 to 12	2	2	2			
13 - 15	3	1	3			
16 - 18	3	3	3	2	3	0
19-24	4	2	4	2	3	0
25-30	4	2	4	2	3	0
31 - 36	5	3	3	3	2	0
800m						

	Heats			Semi Finals		
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time
9 to 16	2	3	2			
17 - 24	3	4	4	2	3	2
25-32	4	3	4	2	3	2
4 x 100m	4x400m					
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time
7 to 12	2	1	4			
13 - 18	3	1	3			
1500m						
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time
13	2	3	3			
14-20	2	4	4			
21-33	3	3	3			

Progression and Qualification
8 Lane Track using lanes 2-8 in the first round.

100m	200m	400m	100mH	110mH	400mH	800m
	Heats			Semi Finals		
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time
9 to 14	2	3	2			
15 - 20	3	2	2			
21	3	4	4	2	3	2
22-28	4	3	4	2	3	2
29-35	5	2	6	2	3	2
4 x 100m	4x400m					
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time

9 to 14	2	2	4			
15 - 20	3	1	5			
1500m						
Declared Entries	Number of Heats	Place	Time	Number of Semis	Place	Time
16 - 30	2	4	4			