

International Island Games Association

The Sports and Sports By-Laws

PART 1 – GENERAL

This Section applies to all of the approved Sports as listed below.

Section 1 - The Sports

1.1 The Approved Sports are:

- Archery
- Athletics
- Badminton
- Basketball
- Bowls – one from Indoor Bowls, Outdoor Bowls or Ten Pin Bowling
- Cycling
- Football
- Golf
- Gymnastics
- Judo
- Sailing - may also include Sailboarding
- Shooting
- Squash
- Swimming
- Table Tennis
- Tennis
- Triathlon
- Volleyball - may also include Beach Volleyball

1.2 For clarification Sailing and Sailboarding are not separate sports.

1.3 For clarification Volleyball and Beach Volleyball are not separate sports

1.4 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling but only one discipline can be held at a Games.

Section 2 - The Responsibilities of the Host Island Organising Committee

2.1 The IIGA retains overall control of the Games.

2.2 The Organising Committee shall ensure all sports operate under the IIGA Constitution Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.

- 2.3** The Host Island Organising Committee (hereafter called 'the Organising Committee') shall provide medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment
- 2.4** The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee.
- 2.5** The Organising Committee shall be responsible for appointing all Sports Technical Officials for the Games
- 2.6** The Organising Committee shall appoint a suitably qualified and experienced Sports Director who shall be responsible for ensuring that each sport is properly administered.
- 2.7** The Organising Committee shall appoint suitably qualified and experienced Coordinators for each sport; who will, in partnership with the Host Island's Sport Governing Body, be responsible for arranging the competitions and ensuring that all necessary venues and facilities meet with the requirements of the IIGA Guidelines and Sports By-laws. Any doubt that exists as to the suitability of any venue or facility must be reported immediately to the Executive Committee by the Organising Committee.
- 2.8** Each Sport Coordinator shall arrange a suitable date, time and venue for both the Pre-Competition and Post-Competition Sports Team Managers Meetings.

Section 3 - Sports Team Managers Meetings

3.1 Arrangements

- 3.1.1** Each Sport Coordinator shall be responsible for:
- Notifying all of the competing Member Islands Team Managers, the Chairman and/or Secretary of the Technical Committee and the General Secretary of the IIGA of the date, time and venue of the Pre-Competition Sports Team Managers meeting 2 weeks before the Opening Ceremony of the Games.
 - Ensuring that the date, time and venue of the Post-Competition Sports Team Managers Meeting are confirmed during the Pre-Competition Sports Team Managers Meeting.
- 3.1.2** The Meeting shall be chaired by the Chairman of that Sport's Technical Committee.
- 3.1.3** The Secretary to that Sport's Technical Committee shall act as Secretary for the Meeting

3.2 Attendance – those entitled to attend are:

- A maximum of 2 representatives of each of the competing Member Island Sports Teams
- The Technical Committee including any Co-opted Members for that sport.
- An Observer from the Sport's International Federation (if appropriate).
- The Senior Official responsible for conducting the event
- The Host Island Sport Coordinator.

- The future Host Island Sport Coordinator
- The IIGA Officers and Executive Committee Members.

3.3 Voting Rights

3.3.1 1 vote only per Member Island present

3.3.2 The Chairman shall have the casting vote if required.

3.4 The Pre-Competition Sports Team Managers Meeting

3.4.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
 - Introduce:
 - Member/s of the IIGA Executive Committee (if present)
 - The Technical Committee Members including any co-opted Members
 - Host Island Sport Coordinator
 - Observer from the International Federation (if present)
 - confirm those voting Members present
 - confirm the Programme and Order of Events
 - clarify the Rules e.g. seeding
 - notify meeting of withdrawals etc.
 - explain the procedures to be followed
 - confirm arrangements for training and warm-up
 - medal presentations
 - explain the appeals process
 - take questions from the floor
- 4 Appoint of a Jury of Appeal
- 5 Any Other Business
- 6 Confirm the day, time and place of the Post-Competition Sports Team Managers Meeting.

3.5 The Post-Competition Sports Team Managers Meeting

3.5.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
 - Introduce:

- Member/s of the IIGA Executive Committee (if present)
 - The Technical Committee Members including any co-opted Members
 - Host Island Sport Coordinator
 - Observer from the International Federation (if present)
 - Confirm those voting Members present
- 4 Approve the Minutes of the last meeting (if available)
 - 5 Matters arising from the Minutes
 - 6 Review all aspects of the current Games:
 - pre-Games information
 - entries
 - programme
 - officiating
 - results service
 - 7 Agree an outline Programme for the next Games
 - 8 Formulate recommendations, if any, for the next Organising Committee
 - 9 Review the sport specific IIGA By-laws and forward any proposed amendments to the Technical Committee.
 - 10 Elect a Technical Committee to serve until the conclusion of the next Games. Contact details for the Chairman and Secretary to be noted in the Minutes of the meeting.
 - 11 Any Other Business
- 3.5.2 The Sports Coordinator for the next Games should, if possible, be present at this meeting.
- 3.5.3 Within 2 months of the Closing Ceremony of the Games
- Minutes of both the Pre-Competition and Post-Competition Sports Team Manager Meetings should be sent to the General Secretary of the IIGA, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to any new Member Island
 - **The General Secretary of the IIGA must be informed of the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee**

Section 4 - The Sports Technical Committees

4.1 Meetings

The Technical Committee may meet at such times as is deemed necessary during the course of the Games.

4.2 Appointment

Each Sports Technical Committee:

- Will be elected at the Post-Competition Sports Team Managers Meeting and serve until the conclusion of the next Games.
- Shall consist of a minimum of 3 and a maximum of 6 Sports Team Members, preferably from different Member Islands.
- Shall have either a permanent Chairman or Secretary to ensure continuity.
- Include a representative from both of the future Host Islands (if applicable).

4.3 Roles & Responsibilities

4.3.1 Each Technical Committee shall:

- Oversee the Technical arrangements for their sport during the Games.
- Ensure that all sports shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.
- Each Technical Committee may co-opt non-voting persons to act as advisers.

4.3.2 In the period between the Games the Technical Committees will act in an advisory capacity for the Executive Committee, the next Host Island Organising Committee and Sport Coordinator.

4.3.3 Any proposed amendment to the Sports By-laws must be forwarded by the Technical Committee to the General Secretary of the IIGA no later than 6 months before the Games at which the changes will come into effect for approval by the IIGA Executive Committee.

Section 5 – Jury of Appeal

5.1 The Jury of Appeal for all sports will:

- Be appointed at the Pre-Competition Sports Team Managers Meeting.
- Consist of a panel of 5 Members, preferably from different competing Member Islands, plus a non-voting Secretary.
- Have no more than 40% of the Members from 1 Member Island.
- Require a minimum of 3 Members, plus the Secretary, to hear an appeal.
- A Member of the Jury of Appeal cannot participate in an appeal which concerns a competitor from the same Member Island.
- Permit the official International Federation Delegate/Observer of the sport or event to attend if present at the Games but not have a vote.

Section 6 Protests and Complaints

6.1 Any protests or complaints will be investigated by the Referee and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court. The Court will not deal with any protests or complaints made against a referee or other official regarding placing, fouling or other facts of the competition save for exceptional circumstances.

PART 2 – SPORTS SPECIFIC BY-LAWS

Section 6 - The Sports By-laws

Swimming By-laws

Section 1 - Competition Rules

- 1.1 The Swimming competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations shall also operate under the Federation Internationale de Natation (FINA) Rules
- 1.2 Team Managers of competing Member Islands are responsible to ensure that all their Officials, Coaches and Competitors are fully aware of the above and General Competition Rules governing the competition.

Section 2 - General

2.1 Island Representation

Individual Events A maximum of 2 competitors per Member Island

Team Events A maximum of 1 Team per Member Island

2.2 Age of Competitors

- 2.2.1 The minimum age limit for competitors will be 13 years on the day of the Opening Ceremony of the Games.
- 2.2.2 In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

2.3 Officials

- 2.3.1 To be appointed by the Organising Committee
- 2.3.2 The competition will be controlled by the Senior Referee and Officials all of whom shall be suitably qualified.
- 2.3.3 The Senior Referee for the competition shall be appointed no later than 12 months prior to the commencement of the Games.
- 2.3.4 The Officials shall be FINA qualified or have qualifications recognised by a National Governing Body of Swimming. An Official qualified by experience shall be permitted to act as an official at the discretion of the Organising Committee and with the approval of the Senior Referee.

2.4 Events

2.4.1 Individual

Mandatory events for men & women are:

50m Freestyle

100m Freestyle

200m Freestyle
400m Freestyle
800m Freestyle
1500m Freestyle
50m Backstroke
100m Backstroke
200m Backstroke
50m Butterfly
100m Butterfly
200m Butterfly
50m Breaststroke
100m Breaststroke
200m Breaststroke
100m Individual Medley
200m Individual Medley
400m Individual Medley

2.4.2 **Team**

4 x 50m Medley Relay
4 x 100m Medley Relay
4 x 50m Freestyle Relay
4 x 100m Freestyle Relay
4 x 50m Freestyle Mixed Relay

2.4.3 **Competition Programme**

The order of events (programme) for the Games is as follows:

Day 1

1. Men's 1500m Freestyle (This event is a Heat Declared Winner (HDW))
2. Women's 400m Individual Medley
3. Men's 200m Butterfly
4. Women's 100m Butterfly
5. Men's 100m Breaststroke
6. Women's 50m Breaststroke
7. Men's 50m Backstroke
8. Women's 200m Freestyle
9. Men's 200m Individual Medley
10. Women's 4 x 50m Freestyle Relay
11. Men's 4 x 50m Medley Relay

Day 2

12. Women's 1500m Freestyle (This event is a HDW)
13. Men's 400m Individual Medley

14. Women's 200m Breaststroke
15. Men's 100m Butterfly
16. Women's 100m Backstroke
17. Men's 50m Breaststroke
18. Women's 50m Butterfly
19. Men's 200m Freestyle
20. Women's 200m Individual Medley
21. Men's 4 x 50m Freestyle Relay
22. Women's 4 x 50m Medley Relay

Day 3

23. Men's 100m Individual Medley
24. Women's 400m Freestyle
25. Men's 200m Backstroke
26. Women's 100m Breaststroke
27. Men's 100m Freestyle
28. Women's 50m Freestyle
29. Men's 50m Butterfly
30. Women's 200m Backstroke
31. Men's 800m Freestyle (This event is a HDW)
32. Women's 4 x 100m Freestyle Relay
33. Men's 4 x 100m Medley Relay

Day 4

34. Women's 100m Individual Medley
35. Men's 400m Freestyle
36. Women's 200m Butterfly
37. Men's 100m Backstroke
38. Women's 100m Freestyle
39. Men's 50m Freestyle
40. Women's 50m Backstroke
41. Men's 200m Breaststroke
42. Women's 800m Freestyle (This event is a HDW)
43. Men's 4 x 100m Freestyle Relay
44. Women's 4 x 100m Medley Relay
45. Mixed 4 x 50m Freestyle Relay

2.5 Training

- 2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.
- 2.5.2 Competition venues should be made available to the competing Member Island Teams

for training a minimum of 2 days prior to the Opening Ceremony of the Games.

2.6 Draws

2.6.1 The seeding of heats and finals will be in accordance with FINA Rule SW3, except in the Relays where the seeding of heats will be determined by draw.

2.6.2 All Finals will be spearheaded – fastest qualifier in lane 4 next fastest in lane 5, next fastest in lane 3, then lane 6, 2,7,1,8. In pools with other numbers of lanes the Technical Committee shall allocate the lanes.

2.7 Venues

2.7.1 The competition Pool must conform to the FINA regulation length of 25metre with a minimum of 6 lanes or other number as agreed by the IIGA Executive Committee with the Host Island.

2.7.2 In the event of the Member Islands arriving for competition and it being that the competition pool does not comply with the measurement requirements the competition could still take place with the approval of the Technical Committee and the Executive Committee.

2.7.3 A pool plan detailing emergency evacuation and other relevant information must be made available to the Team Manager of each competing Member Island prior to the commencement of the event and no later than the Pre-Competition Technical Committee Meeting.

2.8 Equipment

2.8.1 AOE (Automatic Officiating Equipment) to be mandatory and a Take-Over facility is preferable.

2.8.2 Pre-Games information and Psych-sheets to be distributed 2 weeks before the Opening Ceremony.

2.9 Clothing

The regulation of FINA concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

2.10 Medical

The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.11 Medals

2.11.1 Medals will be presented to the swimmers placed 1st, 2nd and 3rd in each final.

2.11.2 Medals will be presented in reverse order i.e. Bronze, Silver and Gold

2.11.3 All competitors used in any round of the Relay events will receive a medal but only the 4 competitors used in the Final will be presented with medals at the medal ceremony.

Organising Committees should note that they may need up to 8 medals of each type for each of the relays.

2.12 Protests and Complaints

Any protests or complaints will be investigated by the Senior Referee and a decision made by him/her. Any protest should be made orally to the Referee and must be submitted in **writing** within 30 minutes of the conclusion of the event. If the Referee rejects the protest he/she must state the reason in writing. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

2.13 Banned Substances and Drug Testing

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

Section 3 - Technical Committee - See PART 1 – GENERAL Section 4 – The Sports Technical Committees

3.1 Appointment – See Section 4.2 – page 5

3.2 Meetings – See Section 4.1 - page 5

Section 4 – Pre and Post-Competition Sports Team Managers Meetings - See PART 1 – GENERAL Section 3 – Sports Team Managers Meetings

4.1 The Pre-Competition Sports Team Managers Meeting – See Section 3.4 - page 3

4.2 The Post-Competition Sports Team Managers Meeting – See Section 3.5 - pages 3 & 4

4.3 The Jury of Appeal - See Section 5 - pages 5 & 6

4.3.1 Additional:

The Chairman of the Jury of Appeal must be qualified to a standard equal to, or higher than the Senior Referee.

Section 5 - Individual Competition

5.1 The fastest heat of the Men's 1500m Freestyle (Day 1), the Women's 1500m Freestyle (Day 2), the Men's 800m Freestyle (Day 3) and the Women's 800m Freestyle (Day 4) events are to be held as a final event in the evening sessions.

5.2 Where swimmers have equal times for 6/8th place in the final they shall swim off after the last heat in the morning session.

5.3 A competitor is eligible to compete in any number of events subject to the provision that each competing Member Island may only enter a maximum of 2 swimmers in any Individual Event and 1 Team in a Relay Event.

- 5.4** Any finalist wishing to withdraw must notify the officials in the administration area 30 minutes after the announcement of the finalists. Any withdrawals after this deadline will be permitted on medical grounds only.
- 5.5** No substitution will be allowed after close of entries which is 8 weeks prior to the Opening Ceremony of the Games. Member Island Swimming Team entrants may be changed up to 4 weeks prior to commencement of the Games for medical reasons on the production of a medical certificate. During the Games a swimmer can be substituted, using a previously registered swimming entrant, for medical reasons upon production of a medical certificate with the exception of the relay events when a medical certificate would not be required between the team forms being submitted and the race taking part.
- 5.6** Competitors are not permitted to wash/splash themselves down whilst a race is in progress as this will be considered as interference with the event and the Referee may be obliged to disqualify them.
- 5.7** Disqualifications during heats and finals to be notified to everyone via the pool speaker system as soon as possible.

Section 6 - Team Competition General Rules

- 6.1** A Games Record may be set on the 1st leg of a Relay Event.
- 6.2** The names of four competitors in the Relay Teams (in the order they will be competing), together with the names of any reserves (2 max), must be submitted on the forms provided at the Technical Meeting prior to the particular session. In the event there is no Technical Meeting the Technical Committee shall fix a time and place for delivery of the forms. In finals, only named reserves are eligible to substitute for heat swimmers, substitutes for medical reasons under By Law 5.5 excepted.